

Penis Strangulation due to Hard Round Nut around it: A Case Report

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It is known in males and females in young age to get sexual pleasure by putting things in the urethra, in the vagina and over the penis. People get nut (metal) stuck around penis in various parts of the world and some or other way by cutting ring or removing part of the penile skin, etc., it may be treated.¹

A 20 years young, unmarried male was brought to causality with pain, blackening of penis, with retention of urine due to hard, metal round nut stuck around penis (due to psychosexual perversion), at mid penile area and strangulated, and edematous skin in distal penis² (Figure 1). He came with severe pain in penis and trocar S.P.C. were done. We removed it with great difficulty. We wish to share the way it is removed. This type of thing is not mentioned in the literature. The management involves various ways. We report the various procedures attempted and failed by so many doctors on duty.

He was taken to the operation theatre and the following things are attempted.

1. Thread technique - we have applied twine thread around the distal penis to reduce edema, but we failed
2. Saw cutting - an axe blade was brought and penis was covered with cloth and for 40 min it was tried to cut but nothing happened
3. Fire department - they were called to cut the nut but failed
4. Gold smith - He came and tried but failed
5. Gas cutter - This gas cutter was brought to theater and abandoned because it gives 160° heat and fire and if we apply he will lose his penis
6. Welder - a welding shop fellow was brought by me and

an opinion was taken regarding the management of hard nuts. He said there are two methods

- A. By applying welding rod heat and cut which is not possible in this case
- B. By breaking the nut over an iron pedestal and hammer it (Figures 2 and 3).



Figure 1: Round nut around strangulated penis



Figure 2: Penis with nut on iron pedestal with hammer

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Figure 3: Broken nut with iron pedestal with hammer

The last point was taken and his penis with nut was put on the iron pedestal and the nut was hammered (Figure 4). Luckily the nut was broken into two pieces and totally penis became normal.

Points to Ponder

- Nut round the penis is not uncommon in young male people and on and off it is seen in literature and treatment is individualized



Figure 4: Pieces of nut and joined pieces together

- These types of cases are difficult to manage. Such patients should be given adequate sex counseling.

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